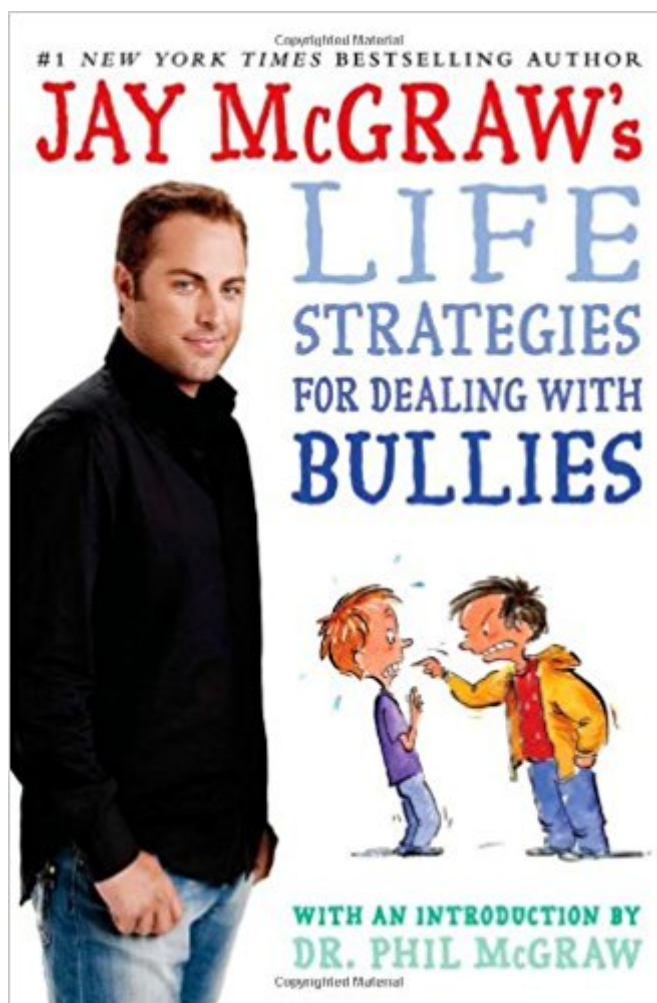


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# Jay McGraw's Life Strategies For Dealing With Bullies



## Synopsis

"Every day after that, Danny does something to frighten Craig....Craig is smaller and far too scared to tell even his parents, let alone his teachers. He is miserable. And every day, Danny tries harder to make it worse." On the internet, on playgrounds, and in schools across the country, thousands of elementary and middle school kids are picked on, teased, and harassed by bullies. It's something that can jeopardize a child's development -- unless they have the tools to help stop bullying in its tracks. In Jay McGraw's *Life Strategies for Dealing with Bullies*, McGraw helps kids identify potentially harmful situations and deal with bullies through tips, techniques, and examples that apply to real-life situations. Jay doesn't just speak about the bullies -- he also speaks to the bullies themselves to help them change their ways. Jay takes a no-nonsense approach to bullying and the ways readers can handle it. This timely and much-needed book will be the tool kids across the country can use to stop being victims -- and take back the power in their lives.

## Book Information

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Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 51 customer reviews

Best Sellers Rank: #825,622 in Books (See Top 100 in Books) #88 in [Books > Children's Books > Growing Up & Facts of Life > Health > Safety](#) #91 in [Books > Children's Books > Growing Up & Facts of Life > Health > Maturing](#) #805 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Bullies](#)

Age Range: 9 - 13 years

Grade Level: 4 - 8

## Customer Reviews

Jay McGraw is executive producer of *The Doctors*, as well as president and CEO of Los Angeles-based Stage 29 Productions. He is the #1 New York Times bestselling author of *The Ultimate Weight Solution for Teens: The 7 Keys to Weight Freedom*; *Life Strategies for Teens*; and *Closing the Gap: A Strategy for Bringing Parents and Teens Together*. McGraw is a regular

contributor on the Dr. Phil show and has also been featured as a teen expert on Larry King Live and the Today show. McGraw earned his law degree from Southern Methodist University and is a graduate of the University of Texas, where he received a BS in psychology. He lives in Los Angeles with his wife, Erica. Steve Björkman has illustrated more than eighty books for children, including the New York Times bestseller *Dirt on My Shirt* by Jeff Foxworthy. He also creates greeting cards with his brother through Recycled Paper Greetings. Steve lives in California with his wife and three children. You can visit him online at [stevebjorkman.com](http://stevebjorkman.com). "Dr. Phil" (Phillip C. McGraw, Ph.D.) is the host of America's number-one daytime talk show and is perhaps the most well-known expert in the field of psychology and human functioning in the world today. In his 16th year on television and his 11th year of the Dr. Phil show, he has devoted his international platform to delivering common sense information to individuals and families seeking to improve their lives. Passionately pursuing such topics as family functioning, domestic violence, anti-bullying, addiction and the myths of mental illness, he works tirelessly both on and off the air. Dr. Phil has carried his message from the senate chambers of Washington, D.C. to the suburbs and inner cities across America. He and Robin, his wife of 38 years and counting, along with their "wonder dog," Maggie, reside in Southern California, as do his two sons, Jordan and Jay, along with daughter-in-law, Erica, and two grandchildren, Avery Elizabeth and London Phillip.

Very basic. I expected more help for kids that are being bullied. More answers for them. It was not specific enough; therefore, not that helpful.

Bought 2 copies. One for my wife and I and one for our daughter who was being bullied. I highly recommend this book as it helps you understand why bullies are bullies and how to deal with them without conflict. If you or your child is going thru this, its a must read book.

Excellent book. Recommended it to my 14 year old granddaughter. She said, I will read it for their is too much bullying going on out there that people do not understand and know about. More children and parents and grandparents need to read this book. Great job Jay.

If you've ever struggle with being bullied by anyone then you need to read this book. Very informative with practical advice on how to deal with bullies .. Every school should have this book in their library.jlwordsmith.

Another book promoted by Phil McGraw. My son was being bullied in school. I didn't find anything in here helpful. It seemed to put all responsibility with the child being bullied.

I purchased this book after learning that one of my three children was being bullied at school. I have read this book, along with my child and believe it to be a great source of knowledge. I recommended it to both the local grade school and the High school in our area. I hope more people can benefit from this book. I received it in great condition, in a timely manner and the price was very fair. There is also a Teen level book as well.

I thought it was well written very interesting and I am sending two copy's to New Zealand one for My daughter and one to the School where My Grandson's attend. I felt this book could help them with the problem of bullying they have.

great book

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